

BOOTS TO HEALTH FOUNDATION

# IMPACT REPORT

2022-2023

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# COMPANY PROFILE

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*The Boots To Health Foundation aims to support local Veterans in increasing their physical, mental, and spiritual health by providing services and resources to assist them in living a healthier life. The Foundation provides physical fitness training, nutrition coaching, spiritual counseling, and life coaching to Veterans at no cost. The Foundation's goal is to break down barriers that prevent Veterans from being able to prioritize their overall health. The Foundation approaches each Veteran it works with from a holistic point of view and addresses all areas that contribute to their overall well-being.*

*Reflecting on a Year of Growth for the Boots to Health Foundation*

*As we close out our first year of making an impact, we want to extend our heartfelt thanks to all who have supported us through donations, volunteering, resources, and prayer. We are excited for what the future holds as we plan for 2024 and beyond.*

*Our main focus will be on raising funds to assist veterans in obtaining certifications in personal training and nutrition coaching. We are putting our faith in God to help us achieve great things in the coming years.*

*To God Be The Glory,*

*Boots To Health Foundation*

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# COMPANY STATISTICS

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2023 Report

## 15 VETERANS

### LIFES CHANGED

Our program: Has served 15 veterans this year, providing them with life-long, sustainable change. By implementing our comprehensive approach, we have helped them to achieve lasting results.

## 100%

### SUCCESS RATE

Assisting Veterans: A Recap of Our Progress  
In the previous year, we were able to support 15 veterans with our program. This is just the beginning as we look forward to expanding our services and reach to support a greater number of veterans by 2024.

## \$30,000+ SAVED

### VETERANS SAVED

Thanks to our donors' generosity, we were able to save over \$30,000 in 2023 by offering complimentary services to veterans. We couldn't have achieved this milestone without your support, and we would like to express our gratitude for your contributions.

